

# INNSIDER BAR & GRILL

## Lunch & Dinner Menu

303-985-4897

### APPETIZERS

**Buffalo Wings** 1590 CAL \$14.50  
Choice of buffalo, BBQ or honey sriracha. Served with carrots, celery, French fries and bleu cheese dressing.

**Chicken Strips** 980 CAL \$14  
Served with French fries. Choice of honey mustard or BBQ.

**Quesadilla** 1000 CAL \$12  
Peppers, onions and a blend of cheeses grilled in a buttery tortilla. Served with salsa and sour cream. Add Chicken: \$3 -385 CAL Steak\* \$4 - 460 CAL Shrimp \$3 - 99 CAL

**Nachos** 550 CAL \$12  
Tortilla chips topped with cheese, tomatoes, jalapenos, black olives and sour cream. Side of salsa. Add Chicken: \$3 -385 CAL Steak\* \$4 - 460 CAL Beef \$3 - 427 CAL

**Stuffed Mushrooms.** 725 CAL \$13  
Lightly battered, stuffed with garlic and topped with parmesan. Served with side of ranch dressing.

**Chips and Salsa** 319 CAL \$9  
Basket of tortilla chips and a side of homemade salsa.

**Chili Cheese Fries** 920 CAL \$10  
Plate full of golden fries smothered with cheddar cheese and green chili.

**Soft Tacos** 900 CAL \$11  
3 flour tortilla tacos filled with greens, pico de gallo, cheese and sour cream. Add Chicken: \$3 - 385 CAL Steak\* \$4 - 460 CAL Shrimp \$3 - 99 CAL

**Fish and Chips** 842 CAL \$15  
Flaky beer battered cod served with French fries and creamy coleslaw.

**Ale Braised Brisket Sliders** 1100 CAL \$14  
Slow cooked Angus beef brisket sliders covered in melted provolone with a side of creamy horseradish and au jus. Served with French fries.

### SALADS

**Caesar Salad** 650 CAL \$12  
Crisp romaine lettuce, shaved Parmesan cheese and croutons tossed in Caesar dressing. Served with garlic bread. Add Chicken: \$3 -385 CAL Steak\* \$4 - 460 CAL Shrimp \$3 - 99 CAL

**Grilled Sirloin Salad\*** 530 CAL \$18  
Sliced grilled sirloin served over lettuce with bleu cheese crumbles, red onion. Served with balsamic dressing and garlic bread.

### ENTREES Served with your choice of 2 sides.

**Citrus Grilled Salmon\*** 610 CAL \$20  
6oz. Grilled salmon finished in a citrus, white wine butter sauce.

**Chicken Fried Steak** 611 CAL \$19  
Home style chicken fried steak served with white gravy.

**Top Sirloin\*** 1066 CAL \$33  
14oz. baseball cut sirloin with café butter and Merlot-mushroom demi.

**Pot Roast** 600 CAL \$21  
Tender roast beef served with potatoes, carrots, onions and celery, topped with dark gravy.

### PASTAS Served with a side salad.

**Shrimp Scampi Penne** 1640 CAL \$20  
Penne pasta tossed with garlic, white wine, butter and a touch of lemon. Topped with grilled shrimp, charred tomatoes, shaved parmesan and garlic bread.

**Blackened Chicken Alfredo** 1260 CAL \$20  
Blackened chicken and penne pasta tossed with roasted garlic, mushrooms, and charred tomatoes and served with ciabatta.

**Garden Penne Pasta** 960 CAL \$17  
Sautéed vegetables and penne pasta tossed with roasted red peppers and pesto, topped with shaved Parmesan and served with ciabatta. Add Chicken: \$3 -385 CAL Steak\* \$4 - 460 CAL Shrimp \$3 - 99 CAL

**Chicken Risotto** 370 CAL \$20  
Grilled chicken served with sautéed spinach, mushrooms and peppers in a garlic lemon cream sauce over a bed of white wine risotto.

### BURGERS & SANDWICHES

All of our burgers are served with your choice of one side.

**BBQ Bacon Cheddar Burger\*** 1380 CAL \$17  
8oz char-boiled Angus burger, seasoned and topped with barbeque sauce, crisp bacon and melted cheddar Cheese.

**BLT Club Wrap** 490 CAL \$14  
Shaved turkey, ham, bacon, lettuce, tomato, Swiss and cheddar cheeses wrapped in a flour tortilla.

**California Club** 791 CAL \$15  
Triple decker sandwich layered with Swiss, oven roasted turkey, bacon, lettuce, tomato, avocado and mayo.

**Reuben** 900 CAL \$15  
Perfect blend of corned beef, Swiss cheese, sauerkraut and 1000 island dressing on toasted rye.

**Build Your Own Sandwich** \$14  
Choice of One: 8oz Angus burger\*- 770 CAL/ 6oz Grilled chicken- 407 CAL/ Veggie patty- 120 CAL/ **\$.75 each topping** - cheddar, American, Swiss, Pepper Jack, jalapenos, BBQ, grilled onions, grilled mushrooms, pico de gallo, guacamole. Add bacon for \$2.00

**Tuscan Chicken Sandwich** 1140 CAL \$14  
Grilled chicken topped with Provolone cheese, roasted red pepper, crisp greens and sliced tomato served on Ciabatta with pesto mayonnaise.

**Monte Cristo** 1200 CAL \$15  
A delightful blend of ham, turkey, American and Swiss on wheat bread, lightly battered and fried to a golden brown. Served with raspberry preserve.

### SIDES

**French Fries** \$5 -280 CAL  
**Red Skin Mashed Potatoes** \$5 -200 CAL  
**Rice Pilaf** \$5 -210 CAL  
**Seasonal Vegetables** \$5.5 -30 CAL  
**Onion Rings** \$6 -600 CAL  
**Side Salad** \$5 -150 CAL  
**Soup of the Day** \$6 - 226 CAL

### DESSERTS

**Brownie Sundae** \$9 -1010 CAL **NY Cheesecake** \$7 -800 CAL **Apple Crisp** \$7 -530 CAL

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.