

INNSIDER BAR AND GRILL

Appetizers

Buffalo Wings ▶ 1590 CAL ▶ \$13.50

Served with carrot and celery sticks. Your choice of sauce: Buffalo, Coca-Cola BBQ or Honey Sriracha.

Chicken Strips ▶ 980 CAL ▶ \$13.00

Served with house-made pub chips. Your choice of honey mustard or barbeque sauce.

Quesadilla* ▶ 1000 CAL ▶ \$11.00

Peppers, onions and a blend of cheeses grilled in a flour tortilla. Served with salsa and sour cream.

Add grilled chicken \$3.00 ▶ 1120 CAL Add Steak \$4.00 ▶ 1305 CAL Add Shrimp \$3.00 ▶ 1090 CAL

Nachos ▶ 550 CAL ▶ \$11.00

Tortilla chips topped with cheese, tomatoes, jalapenos, black olives, sour cream and a side of salsa.

Stuffed Mushrooms ▶ 725 CAL ▶ \$12.00

Lightly battered, stuffed with garlic and topped with parmesan. Served with side of ranch dressing.

Chips and Salsa ▶ 319 CAL ▶ \$8.00

Basket of tortilla chips and a side of homemade salsa.

Chili Cheese Fries ▶ 920 CAL ▶ \$9.00

Plate full of golden fries smothered with Cheddar cheese and green chili.

Soft Tacos* ▶ 900 CAL ▶ \$10.00

3 flour tortilla tacos filled with greens, pico, cheese and sour cream. Add Chicken \$3, Steak \$4, Shrimp \$3.

Fish and Chips ▶ 842 CAL ▶ \$15.00

Flaky beer battered cod served with our pub chips and creamy coleslaw.

Ale Braised Brisket Sliders ▶ 880

CAL ▶ \$13.00

Slow cooked angus beef brisket sliders covered in melted provolone with a side of creamy horseradish and au jus.

Salads

Caesar Salad* ▶ 650 CAL ▶ \$10.00

Add grilled chicken \$3.00 ▶ 870 CAL Add Steak \$4.00 ▶ 955 CAL Add Shrimp \$3.00 ▶ 1090 CAL

Crisp romaine lettuce, shaved Parmesan cheese and croutons tossed in Caesar dressing.

Grilled Sirloin Salad* ▶ 530

CAL ▶ \$17.00

Sliced grilled sirloin, mixed greens, crumbled blue cheese, tomatoes and red

Entrees

All of our Entrees are served with your choice of two sides; Pasta dishes are served with one side.

Citrus Grilled Salmon* ▶ 610 CAL ▶ \$19.00

A fillet of salmon finished in a citrus, white wine butter sauce.

Chicken Fried Steak ▶ 611 CAL ▶ \$16.00

Home style chicken fried steak served with white gravy.

Blackened Chicken Alfredo ▶ 1260

CAL ▶ \$19.00

Blackened chicken and penne pasta tossed with roasted garlic, mushrooms and charred tomatoes and served with Ciabatta.

Garden Penne Pasta ▶ 960 CAL ▶ \$16.00

Sautéed vegetables and penne pasta tossed with roasted red peppers and pesto, topped with shaved Parmesan and served with Ciabatta. Add grilled chicken \$3.00 ▶ 1080 CAL Add shrimp \$3.00 ▶ 1050 CAL Add steak \$4.00 ▶ 1265 CAL

Top Sirloin* ▶ 966 CAL ▶ \$31.00

14 oz. baseball cut sirloin with cafe butter and Merlot-Mushroom Demi.

Chicken Risotto ▶ 370 CAL ▶ \$19.00

Grilled chicken served with sautéed spinach, mushrooms and peppers in a garlic lemon cream sauce over a bed of white wine risotto.

Shrimp Scampi Penne ▶ 1640

CAL ▶ \$19.00

Grilled shrimp and penne pasta tossed with garlic, white wine, butter and a touch of lemon, topped with charred tomatoes and shaved Parmesan and served with Ciabatta.

Pot Roast ▶ 600 CAL ▶ \$18.00

Tender roast beef served with potatoes, carrots, onions and celery. Topped with dark gravy.

Burgers & Sandwiches

All of our burgers are cooked to a juicy medium well and served with lettuce, tomato, red onion and your choice of one side.

Classic Burger* ▶ 680 CAL ▶ \$13.00

8 oz. char-broiled Angus beef burger, seasoned and topped with your choice of cheese.

BBQ Bacon Cheddar Burger* ▶ 1380

CAL ▶ \$14.50

8 oz. char-broiled Angus beef burger, seasoned and topped with barbeque sauce, crisp bacon and melted Cheddar cheese.

BLT Club Wrap* ▶ 1300 CAL ▶ \$13.00

Shaved turkey, ham, bacon, lettuce, tomato, Swiss and Cheddar cheeses wrapped in a flour tortilla.

California Club ▶ 506 CAL ▶ \$14.00

Triple decker sandwich layered with swiss, oven roasted turkey, bacon, lettuce, tomato, avocado and mayo.

Build Your Own Burger ▶ 770+ CAL ▶ \$12.50

8 oz. char-broiled Angus beef burger topped with your choice of the following toppings: Cheddar, Swiss, or pepper jack cheese, grilled onions, sautéed mushrooms, jalapeno peppers and fresh pico de gallo.

Add bacon for an additional \$2.00

Tuscan Chicken Sandwich ▶ 1140

CAL ▶ \$13.00

Grilled chicken topped with Provolone cheese, roasted red pepper, crisp greens and sliced tomato served on Ciabatta with pesto mayonnaise.

Monte Cristo ▶ 1200 CAL ▶ \$14.00

A blend of ham, turkey, american and swiss or wheat bread, lightly battered and deep fried to golden brown and topped with powdered sugar. With raspberry preserve.

Sides

French Fries \$5.00 ▶ 280 CAL

Red Skin Mashed Potatoes \$5.00 ▶ 200 CAL

Rice Pilaf \$5.00 ▶ 210 CAL

Pub Chips \$4.50 ▶ 540 CAL

Seasonal Vegetables \$5.50 ▶ 30 CAL

Onion Rings \$6.00 ▶ 600 CAL

Side Salad \$5.00 ▶ 150 CAL

Desserts

Brownie Sundae \$9.00 ▶ 1010 CAL

NY Cheesecake \$6.00 ▶ 800 CAL

Apple Crisp \$6.00 ▶ 530 CAL

Dinner Hours

Monday - Friday 11a-1p & 4p-9p

Saturday 11a - 10p; Sunday 11a - 9p

**These items may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. For parties of 8 or more, a 20% gratuity will be automatically added to the bill. 2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutrition information available upon request.